



SAT, OCTOBER 4

GET YOUR REAR IN GEAR 5K

- 5K run/walk
- Creekside Plaza, Gahanna
- Join Colon Cancer Coalition in the fight against colorectal cancer
- · Open to CCS Staff only



APPLY NOW

OCTOBER 18-19

COLUMBUS MARATHON

- 5K, Half, or Full Marathon
- · Downtown, Columbus
- Experienced runners
- Open to CCS Staff and Family



APPLY NOW

SUN, NOVEMBER 16

HOT CHOCOLATE RUN

- 5K, 10K, or 15K run/walk
- McFerson Commons, Columbus
- Chocolate-lover oasis at the post-run party
- Open to CCS Staff only



APPLY NOW



SAT, NOVEMBER 29

COLUMBUS HUNGRY TURKEY TROT

- 5K, 10K, or ⅓ Marathon run/walk
- COSI/Genoa Park
- Experience the fun after Thanksgiving!
- Open to CCS Staff only



APPLY NOW

SAT, DECEMBER 6

JINGLE BELL Run

- 5K or 1 Mile run/walk
- COSI/Genoa Park
- Jingle through victory over arthritis with The Arthritis Foundation
- · Open to CCS Staff only

OPENS 11/1

LIMITED ENTRIES

Staff must fill out an application to be sponsored by CCS Wellness. Filling out an application does not guarantee you a spot. If accepted, you will receive a confirmation email from Wellness.



FOR RUN CLUBS, TRAINING PROGRAMS, AND MORE VISIT: HTTPS://WWW.CCSOH.US/PAGE/11320





